

**SUNDAY**

♥Noon-1pm CORVALLIS, O, H  
**“MEETING THE NEED”**  
 Dixon Lodge, Room 129  
 265 SW, 11<sup>th</sup> Corvallis

Noon-1pm ALBANY, SS, O, H  
**“STEPPING STONES”**  
 St. Mary’s (Our Lady of Peace)  
 St. Mary’s Cafeteria – back entrance, Basement  
 822 Elsworth

7-8pm ALBANY, O  
**“TAKE THE MASK OFF”**  
 Last Sunday of the month is a speaker Meeting.  
 Chance Building 238 3<sup>rd</sup> Street

♥7-8pm CORVALLIS, O, H  
**“NEW HOPE W/O DOPE”**  
 1<sup>st</sup> Christian Church, 6<sup>th</sup> & Madison SW, Rm 11

7-8pm SWEET HOME O, H, BS  
**“GET REAL, GET HONEST, NO BS”**  
 Fir Lawn Lutheran Church - 109 W. Holley Rd

7-8pm CORVALLIS C, MO  
**“M.T.F.U.”**  
 Unitarian Church  
 2945 Circle Blvd – Room 11 Downstairs

**SUGGESTIONS**

1. Go to 90 meeting in 90 days and Don't use in between.
2. Get a Sponsor.
3. Get phone numbers and use them.
4. Read some NA Literature every day.
5. Work the Steps.
6. Get into service.

**KEEP COMING BACK!!**

O-Open Mtg  
 C-Addicts only  
 SB-Short Break  
 CC-Child Care  
 H-Handicap Access  
 BS-Book Study  
 CL-Candlelight  
 SS-Step Study  
 LS-Literature Study  
 WO – Women Only  
 MO – Men Only  
 ♥NEEDS SUPPORT  
 Q – LGBT Mtg

**SUB-COMMITTEE INFO**

1-877-233-4287  
*(Follow prompts to chose PR, Literature or H&I)*

**PHONE NUMBERS**

Call before you use!

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**If schedule is older than a month, call phone line or check website to make sure meetings are at the same time.**

Subcommittee meetings  
 begin at 12 noon



**NARCOTICS  
 ANONYMOUS**  
 Meeting Schedule  
 Linn-Benton Area

**December 2019**

**For Area Service  
 Information Contact  
 lbana.org/area  
 or 1-877-Addicts  
 www.lbana.org**

24-Hour Help Line  
 Linn-Benton Counties  
 1-877-ADDICTS  
 1-877-233-4287

## MONDAY

12-1pm CORVALLIS **O, H**  
“PRIMARY PURPOSE”

1<sup>st</sup> Christian Church, 6<sup>th</sup> & Madison SW, Rm 18

♥7-8pm CORVALLIS, **O, H**  
“DOPELESS HOPE FIENDS”

United Methodist Church, 11<sup>th</sup> & Monroe SW, Rm 219C  
*(On Holidays meetings held at 1<sup>st</sup> Christian Church Rm 11)*

7-8pm ALBANY, **O, H**  
“CORNERSTONES”

First Christian Church – 432 Ferry Street SW  
Community Room

7-8pm LEBANON, **O**  
“GRATITUDE ROCKS”

Free Methodist Church,  
580 F Street

7-8pm ALBANY, **M, O**  
“HANGING WITH THE FELLAS”

Chance Building – 238 3<sup>rd</sup> Street

## TUESDAY

12-1pm CORVALLIS **O, H**  
“PRIMARY PURPOSE”

1<sup>st</sup> Christian Church, 6<sup>th</sup> & Madison SW, Rm 18

♥12-12:45pm ALBANY, **O, H**  
“HAPPY HOUR”

Old Armory, 4<sup>th</sup> & Lyons SW

7-8pm ALBANY, **O,**  
“CORNERSTONE”

Chance Building – 238 3<sup>rd</sup> Street  
*(Speaker Mtg. 2<sup>nd</sup> Tuesday of the Month)*

♥7-8pm LEBANON, **O, H, LS**  
“A RAY OF HOPE”

Lebanon Hospital  
525 N Santiam Hwy Conf. Rooms 1, 2 or 4

♥5:30-6:30 pm CORVALLIS, **WO**  
“THE TIES THAT BIND”

West Minister House  
101 NW, 23<sup>rd</sup> Street

7pm CORVALLIS, **O, H**  
“NO TIES REQUIRED”

1<sup>st</sup> Christian Church,  
6<sup>th</sup> & Madison SW, Rm 11

## WEDNESDAY

12-1pm CORVALLIS, **O, H**  
“PRIMARY PURPOSE”

Milestones  
551 SW Monroe Street

7pm CORVALLIS, **O, H, CC**  
“CRYSTAL LIGHT”

1<sup>st</sup> Christian Church 6<sup>th</sup> & Madison SW, Rm 11  
(Child Care provided)

♥7-8:30pm ALBANY, **O, SB, H**  
“HAPPY HOUR”

Old Armory, 4<sup>th</sup> & Lyons SW

7-8pm LEBANON, **O,**  
“GRATITUDE ROCKS”

Free Methodist Church  
580 F Street

7-8pm PHILOMATH, **BS, O**  
“SERENITY WELL”

Potluck 2<sup>nd</sup> Wed. and Speaker  
New Life Fellowship - 1412 Applegate

## THURSDAY

12-1pm CORVALLIS **O, H**  
“PRIMARY PURPOSE”

1<sup>st</sup> Christian Church, Room 18, 6<sup>th</sup> and Madison SW

6:30-7:30pm CORVALLIS, **O, Q**

“SELF ACCEPTANCE”  
United Methodist Church  
11<sup>th</sup> & SW Monroe, Rm 106B

7-8pm ALBANY, **O**  
“CORNERSTONE”

Chance Building – 238 3<sup>rd</sup> Street

7pm CORVALLIS, **O, H**  
“NO TIES REQUIRED”

1<sup>st</sup> Christian Church, Room 11  
6<sup>th</sup> & Madison SW

♥7-8pm SWEET HOME, **O, H**  
“GET REAL, GET HONEST, NO BS”

Fir Lawn Lutheran Church  
109 W. Holley Road

## FRIDAY

12-1pm CORVALLIS **O, H**  
“PRIMARY PURPOSE”

1<sup>st</sup> Christian Church, Rm 18, 6<sup>th</sup> & Madison SW

7-8pm LEBANON **O, SS**  
“FRIDAY NIGHT LITERATURE STUDY”

Free Methodist Church 580 F Street

7-8pm ALBANY **O**  
“HAPPY HOUR”  
Immanuel Lutheran Church  
Corner of 2<sup>nd</sup> and Madison SE

♥7-8pm ALBANY **O, Q**  
“QAF”

Chance Building  
238 3<sup>rd</sup> ST - side door

♥7-8pm CORVALLIS, **LS, O**  
“THERE'S NO ELEVATOR, USE THE STEPS”  
Second Friday is a speaker meeting  
1<sup>st</sup> Christ Church, McLeane Hall, 6<sup>th</sup> & Madison SW

## SATURDAY

♥9-10am CORVALLIS, **BS, LS, O, H**  
“MORNING FIX”

Dixon Lodge, Room 129, 265 SW, 11th

Noon-1pm CORVALLIS, **O, H**  
“SATURDAY MORNING CARTOONS”  
1<sup>st</sup> Christian Church, 6<sup>th</sup> & Madison SW, Rm 18

♥7-8pm CORVALLIS, **O**  
“SATURDAY NITE LIVE”  
1<sup>st</sup> Christian Church, 6<sup>th</sup> & Madison SW, Rm 11

7-8pm ALBANY, **O, H**  
“CORNERSTONES”  
First Christian Church-432 Ferry Street. SW  
Community Room

10-11:00pm CORVALLIS, **O, H**  
“INSOMNIADICTS”  
West Minister House 101 NW, 23<sup>rd</sup> Street.  
At Back Door.